



Article

Structural Implications of H233L and H398P Mutations in Phospholipase C ζ : A Full-Atom Molecular Dynamics Study on Infertility-Associated Dysfunctions

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Abstract: Phospholipase C ζ (PLC ζ), a sperm-specific enzyme, plays a critical role in mammalian fertilization. Mutations in PLC ζ have been linked to male infertility, as they impair its ability to trigger calcium (Ca²⁺) oscillations necessary for egg activation and embryo development. During fertilization, PLC ζ is introduced into the egg, where it hydrolyzes phosphatidylinositol 4,5-bisphosphate (PIP₂) into inositol 1,4,5-trisphosphate and diacylglycerol, leading to Ca²⁺ release from the endoplasmic reticulum. Human infertility-associated mutations include H233L, H398P, and R553P, which disrupt PLC ζ function. To elucidate the molecular consequences of the mutations, we employed full-atom molecular dynamics simulations to analyze structural perturbations and their impact on PIP₂ and Ca²⁺ binding. Our results reveal that H233L and H398P mutations significantly reduce interactions with PIP₂, disrupting hydrogen bonding and salt bridge formation, leading to misalignment of the substrate. Additionally, these mutations destabilize Ca²⁺ binding by altering its positioning within the active site. In contrast, the R553P mutation primarily affects intramolecular stability and enzyme dynamics without impairing substrate or ion binding. Free energy calculations indicate an increased affinity for PIP₂ in H233L and H398P mutants, leading to an aberrant substrate positioning and compromised hydrolysis. These structural insights help explain the egg activation failure and infertility of patients carrying these mutations.

Keywords: Phospholipase C ζ ; phosphatidylinositol 4,5-bisphosphate; infertility; H233L mutation; H398P mutation; R553P mutation

1. Introduction

Infertility affects millions of men and women of reproductive age. Worldwide, infertility affects ~15% of couples, and 7% of males suffer from infertility. Male infertility accounts for ~30% of the total infertility cases, and genetic defects cause male infertility, including mutations in PLCZ1 [1–3], which encodes Phospholipase C ζ (PLC ζ).

PLC ζ (PLCZ1) is a sperm-specific enzyme that triggers calcium (Ca²⁺) oscillations and egg activation [4,5]. Following release into the egg upon fusion, PLC ζ hydrolyzes phosphatidylinositol 4,5-bisphosphate (PIP₂), associated with cellular membranes and vesicles, producing inositol 1,4,5-triphosphate (IP₃) [4,6,7]. IP₃ binds IP₃ receptors, the most common in eggs, in type 1 (IP3R1), inducing Ca²⁺ release from the endoplasmic reticulum (ER) and periodic intracellular Ca²⁺ concentration (Ca²⁺) elevations, known as Ca²⁺ oscillations [8,9] (Figure 1). Sperm derived from mice lacking PLC ζ 1 (*Plcz1*^{−/−}) fail to induce Ca²⁺ oscillations [10] or show an impaired pattern of them with a decreased number of oscillations compared with WT sperm [11]. *Plcz1*^{−/−} sperm fertilization results in polyspermy when fertilizing eggs in vivo. Consequently, these findings confirm the essential role of the Ca²⁺ oscillations in modulating the block of polyspermy [10]. The fertility of *Plcz1*^{−/−} males is also greatly affected, and the animals exhibit a subfertile phenotype. However, *Plcz1*^{−/−} animals are not sterile, suggesting a PLC ζ 1-independent fertility route [10,11]. Moreover, PLC ζ mutations identified in a cohort of couples undergoing fertility treatment were replicated in mouse models to assess their impact on early embryonic cleavage and pregnancy outcomes. The authors reported lower rates of cell division, impaired embryo quality, lower pregnancy success, and smaller litter sizes following IVF using sperm from *Plcz* mutant males with WT eggs, compared to IVF with WT *Plcz* sperm [12]. Therefore, the PLC ζ function is required for the egg-to-embryo transition. In fact, suppression or failure to initiate Ca²⁺ oscillations causes egg activation failure and impairs early embryo development [13,14].

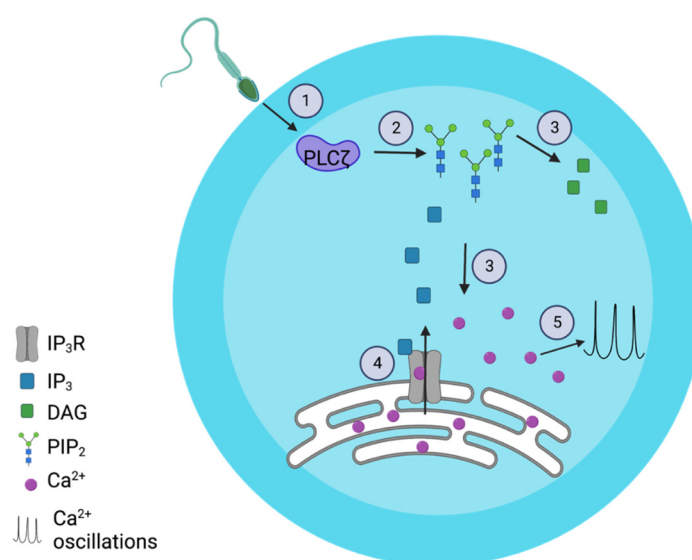


Figure 1. PLC ζ induces Ca²⁺ oscillations in the egg. 1. Sperm fuses with the egg and releases its genetic material and the PLC ζ into the egg. 2. PLC ζ binds PIP₂. 3. PLC ζ hydrolyzes PIP₂ to produce IP₃ and DAG. 4. IP₃ binds IP₃ receptors in the endoplasmic reticulum and induces Ca²⁺ release. 5. The release of intracellular Ca²⁺ triggers Ca²⁺ oscillations and activates the egg.

Structurally, PLC ζ has two EF-hand domain pairs in its N-termini, a catalytic domain composed of X and Y domains connected by a loop called X-Y linker, and a C2 domain in its C-termini region [4,15] (Figure 2A,B). Unlike other cellular PLCs, PLC ζ lacks an N-terminus

PH domain. The integrity of the four EF-hand domains and the C-terminal C2 domain is essential for PLC ζ to reach its maximal activity [16], while the catalytic domain is involved in PIP₂ hydrolysis facilitated by Ca²⁺ binding [15,17]. The X-Y linker is proposed to interact with the plasma membrane (PM) and PIP₂ [17,18].

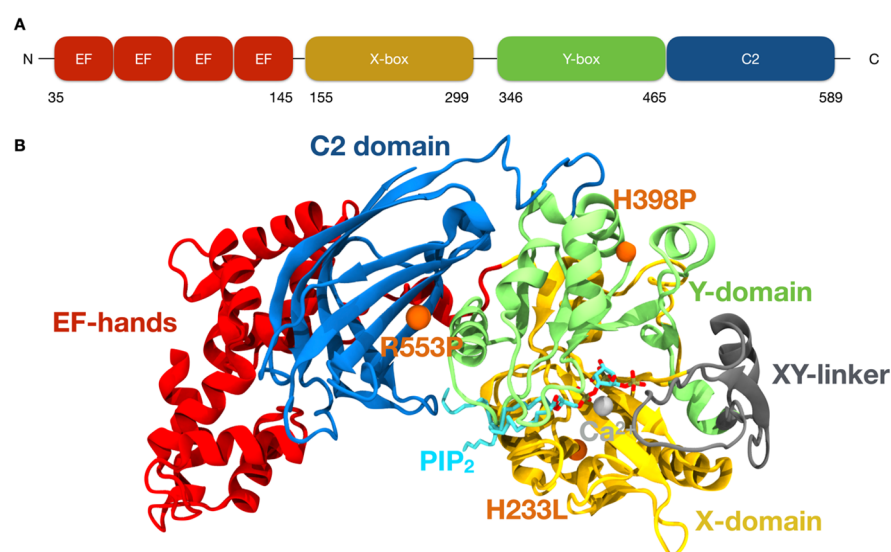


Figure 2. PLC ζ structure. (A) The N-terminus of the PLC ζ has an EF-hand domain, and X- and Y-domains linked by an XY linker, and a C2 domain in its C-terminus. (B) AlphaFold model of the human PLC ζ binding PIP₂ and Ca²⁺.

Several mutations in PLC ζ have been related to male infertility [2,3,19,20]. They are generally located in the catalytic domain (X or Y), but some have been identified in the C2 domain. In fact, the mutation I489F located in the C2 domain is linked to infertility in humans. In vitro studies demonstrated that microinjection of the mutant protein at physiological concentrations failed to induce Ca²⁺ oscillations or support embryo development. Interestingly, the phenotype could be rescued by increasing the concentration of the recombinant I489F mutant protein. Biochemical analyses revealed that the mutation does not impair enzymatic activity or the Ca²⁺ sensitivity of the PLC ζ . However, I489F significantly disrupts the binding of PLC ζ to PI(3)P and PI(5)P, underlying the infertility phenotype reported in the patient [21]. Only one of the mutations is in the EF domain [5]. The mutations H233L and H398P, which comprised exchanges of histidine for leucine in position 233 [2] (Figure 2B) and for proline in position 398 [13]. Sperm from patients carrying the mutation H233L were injected into human eggs, and oocyte activation was evaluated, showing a lower percentage of activation than WT oocytes [20]. PLC ζ 1 mutation H398L patients are infertile, and in the mouse oocyte activation test (MOAT), injection of the mutated cRNA showed an abnormal pattern of Ca²⁺ oscillations [13]. The mutations were initially found in the same patient as compound heterozygous mutations with maternal and paternal inheritance, respectively. The H233L mutation is located in the X-domain, part of the catalytic site (Figure 2) [2,20], and H398P in the Y-box domain (Figure 2) [13]. This patient also seemed to have reduced expression of PLC ζ [1]. A more recent homozygous mutation was described in the PLC ζ C2 domain, R553P, where arginine was exchanged for proline (Figure 2). Injection of R553P Plc ζ cRNA into mouse oocytes failed to activate eggs and trigger embryo development [22]. Although PLC ζ 1 mutations are individually rare, their clinical relevance is substantial. Notably, 33.6% of men who experience fertilization failure after intracytoplasmic sperm injection (ICSI) have been found to carry *PLCZ1* variants [23], highlighting the importance of genetic screening in assisted reproduction settings.

Despite the obvious impact on fertility, it remains elusive how these mutations affect the structure of PLC ζ and its association with PIP₂ at a molecular level. Here, we performed long-timescale full-atom molecular dynamics (MD) simulations to understand at an atomic level how these mutations located in different domains impact the structure of PLC ζ and the binding of its natural ligand, PIP₂. Our data showed that the H233L and H398P displayed fewer hydrogen bonds and salt bridges between PLC ζ and PIP₂, reduced total contacts and binding energy, suggesting a destabilization of the PLC ζ -PIP₂ complex. Moreover, the simulations indicated that these mutations modified PLC ζ Ca²⁺ ion binding. On the other hand, the R553P mutation affects intramolecular dynamics and possibly membrane-binding. In conclusion, our results showed that H233L and H398P mutations modified the structure of PLC ζ , triggering a shift in the position of PIP₂ and Ca²⁺. Therefore, preventing PIP₂ hydrolysis. Our data provide relevant insights into the structure of PLC ζ and the mechanisms by which its function is precisely regulated, highlighting its fundamental role in human fertility.

2. Results

2.1. H233L and H398P Mutations Altered PIP₂ Binding

The injection of H233L, H398P, and R553P PLC ζ mRNA mutants or the presence of these mutations in human patients fails to activate eggs and causes infertility [2,20,22]. To assess whether this failure alters PIP₂ binding, we measured the Mean Square Deviation (MSD) of PLC ζ for PIP₂, which measures the average squared distance that the molecules travel over time within the binding site. The average PIP₂ MSD values for the H233L and H398P mutants were higher than those for R553P and WT (Figure 3A), indicating greater molecular spatial dispersion and instability during the simulated interaction (H233L: $5.11 \pm 0.28 \text{ \AA}^2$, H398P: $9.11 \pm 0.54 \text{ \AA}^2$, R553P: $1.80 \pm 0.06 \text{ \AA}^2$, WT: $2.18 \pm 0.09 \text{ \AA}^2$). Notably, despite the inherent flexibility of the PIP₂ acyl chains, the overall MSD values in WT and R553P remained low, indicating stable binding within the active site. This suggests that the lateral chain mobility does not significantly affect the MSD measurement, supporting the validity of our approach without requiring a separate analysis of the myo-inositol bisphosphate moiety.

To further comprehend the deviation observed for the mutants H233L and H398P, we calculated the distance of amino acids involved in PIP₂ stability. We observed that the N171, which interacts with the 1-OP4, exhibits an average distance of $4.23 \pm 0.003 \text{ \AA}$ for the WT and $4.38 \pm 0.003 \text{ \AA}$ for the R553P mutant. In contrast, the H233L and the H398P mutants showed a larger distance, being $5.47 \pm 0.006 \text{ \AA}$ and $5.39 \pm 0.008 \text{ \AA}$, respectively (Figure 3B). The K297, S378, and R405 stabilize the 4-OP4. The average distance for the K297 in the WT enzyme was $6.06 \pm 0.08 \text{ \AA}$, and $5.77 \pm 0.004 \text{ \AA}$, $9.11 \pm 0.01 \text{ \AA}$, and $5.99 \pm 0.009 \text{ \AA}$ for the H233L, H398P, and R553P mutants, respectively (Figure 3C). For the S378, the average distance was $5.88 \pm 0.007 \text{ \AA}$, $6.3 \pm 0.004 \text{ \AA}$, $7.8 \pm 0.01 \text{ \AA}$, and $5.21 \pm 0.008 \text{ \AA}$ for the WT, H233L, H398P, and R553P proteins, respectively (Figure 3D). The average distance for the R405 in the WT and the R553P enzymes was $4.63 \pm 0.006 \text{ \AA}$ and $4.61 \pm 0.008 \text{ \AA}$. In contrast, the H233L and the H398P mutants exhibited $5.67 \pm 0.005 \text{ \AA}$ and $7.08 \pm 0.01 \text{ \AA}$ (Figure 3E). The K299 contacts the 5-OP4 and in the WT enzyme has an average distance of $9.03 \pm 0.01 \text{ \AA}$. In contrast, the H233L, H398P, and the R553P mutants $7.98 \pm 0.01 \text{ \AA}$, $10.16 \pm 0.02 \text{ \AA}$, and $9.06 \pm 0.01 \text{ \AA}$, respectively (Figure 3F). These results indicate that the mutation H233L and the H398P in PLC ζ impair PIP₂ binding, favoring mispositioning of PIP₂, which would prevent its effective hydrolysis and cause failure to initiate oscillations.

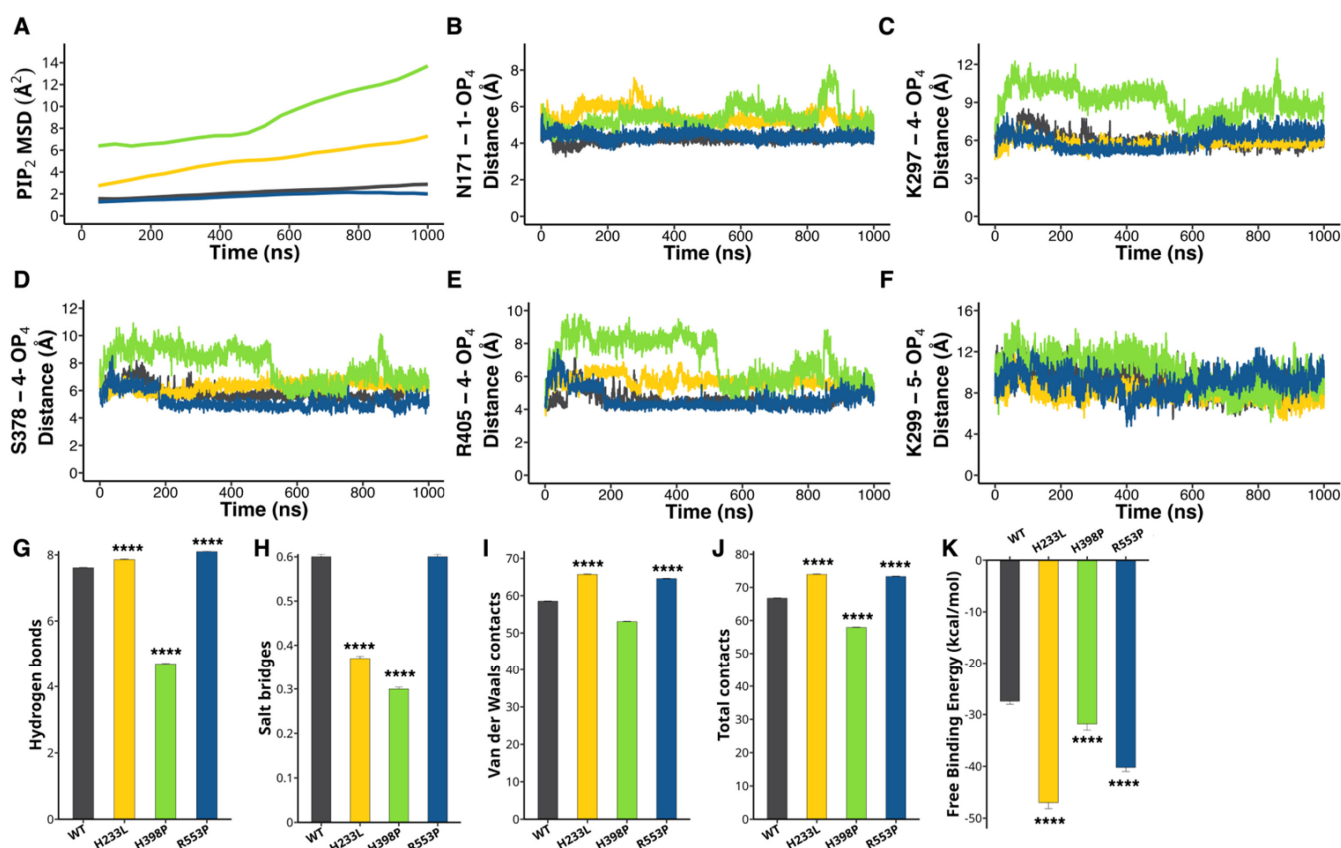


Figure 3. H233L and H398P mutations impair PIP₂ binding. MD of the PLCζ mutants H233L (yellow), H398P (green), and R553P (blue) in comparison with WT (black) are evaluated using structural and functional parameters. (A) Mean Square Deviation (MSD) of PIP₂ during the simulation. (B) Average distance of N171 with 1-OP₄. Distance of (C) K297, (D) S378, and (E) R405 with 4-OP₄. (F) Average distance of K299 with 5-OP₄. Amount of (G) hydrogen bonds, (H) salt bridges, (I) van der Waals, and (J) total contacts of PIP₂ with PLCζ. (K) Free binding energy of PIP₂ with PLCζ. **** $p < 0.0001$.

We also analyzed the types of contacts between PLCζ and PIP₂, including hydrogen bonds, salt bridges, and van der Waals contacts. In the WT complex, PIP₂ formed an average of 7.6 ± 0.01 hydrogen bonds with WT PLCζ, whereas the H233L complex formed 7.8 ± 0.02 bonds (**** $p < 0.0001$), the H398P complex formed 4.6 ± 0.01 bonds (**** $p < 0.0001$), and the R553P complex formed 8.1 ± 0.01 bonds (**** $p < 0.0001$), all statistically different from the WT (Figure 3G). Salt bridges were less frequent in H233L and H398P (0.37 ± 0.005 , 0.3 ± 0.004 , respectively, **** $p < 0.0001$), but R553P and WT were comparable (0.6 ± 0.006) (Figure 3H). On the contrary, van der Waals' contacts were more frequent for H233L (65.7 ± 0.1 , **** $p < 0.0001$) and R553P mutant (64.5 ± 0.1 , **** $p < 0.0001$) compared to H398P (53 ± 0.1) and WT PLCζ (58.5 ± 0.08) (Figure 3I). However, because of the variation in type and number of interactions with PIP₂, we calculated the total bonds formed between PLCζ and PIP₂ for the different PLCζ under consideration. We found that the WT protein had a total of 66.7 ± 0.09 contacts, whereas H233L, H398P, and R553P mutants displayed 73.9 ± 0.1 , 57.9 ± 0.1 , and 73.29 ± 0.1 contacts, respectively (**** $p < 0.0001$; Figure 3J).

Next, we compared the free binding energy of PIP₂ to PLCζ. The WT complex exhibited a mean binding energy of -27.43 ± 0.5 kcal/mol. In contrast, the average binding energy for the H233L, H398P, and R553P was -47 ± 1.1 kcal/mol, -31.8 ± 1.2 kcal/mol, and -40.22 ± 0.7 kcal/mol, respectively (**** $p < 0.0001$; Figure 3K). Lastly, we evaluated the PIP₂ diffusion coefficient and found higher values for the H233L and the H398P mutants vs. the WT and the R553P mutant (Figure S1A).

2.2. H233L and H398P Mutations Impair Ca^{2+} Binding

Ca^{2+} ions play a crucial role in facilitating PIP_2 binding by PLC ζ [15]. Therefore, we analyzed whether H233L, H398P, and R553P mutations modify Ca^{2+} binding to PLC ζ . Our analysis revealed that the WT PLC ζ formed, on average, 3.8 ± 0.005 contacts with Ca^{2+} , whereas the H233L and H398P mutations had fewer amino acid contacts, 3.0 ± 0.008 and 3.4 ± 0.005 , respectively. The R553P mutant had an average of 4.1 ± 0.002 contacts with Ca^{2+} throughout the simulation (Figure 4A).

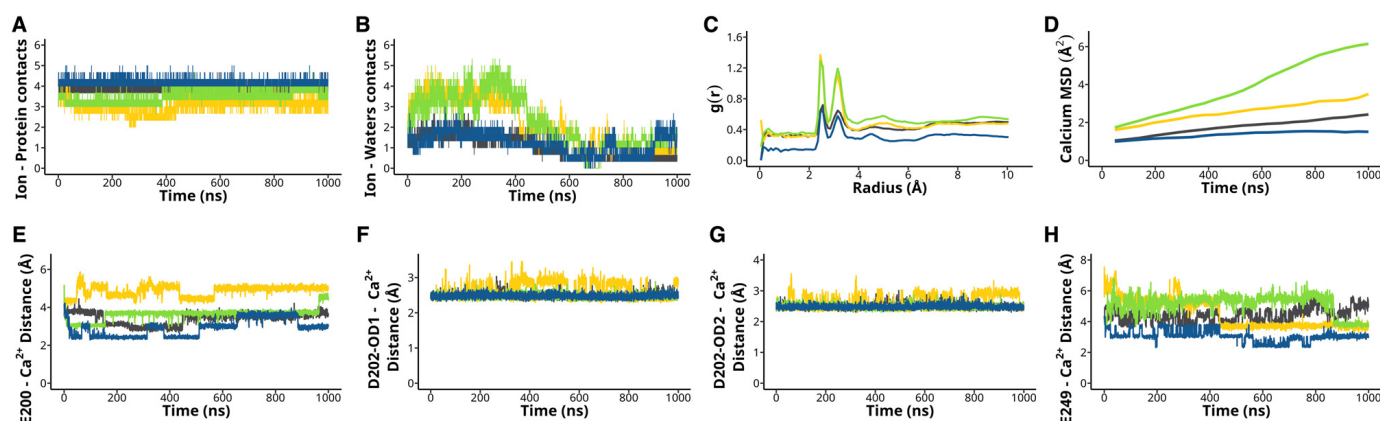


Figure 4. H233L and H398P mutations modify Ca^{2+} binding. The Ca^{2+} binding dynamics for the PLC ζ mutants H233L (yellow), H398P (green), and R553P (blue) are analyzed by the evaluation of Ca^{2+} contacts and hydration. (A) Amount of Ca^{2+} contacts with PLC ζ . (B) Amount of Ca^{2+} contacts with water molecules. (C) Radial distribution function ($g(r)$) of water molecules around the Ca^{2+} ion. (D) The Ca^{2+} Mean square deviation (MSD) throughout the simulation. Average distance of (E) E200, (F) D202-OD1, (G) D202-OD2, and (H) E249 with Ca^{2+} .

We also measured the number of contacts the Ca^{2+} ion made with water molecules. Throughout the simulation, we found that all systems showed a reduction in the number of water contacts, with the WT PLC ζ having an average of 1.0 ± 0.006 and the R553P having 1.1 ± 0.007 contacts, whereas the H233L had 2.1 ± 0.01 and H398P had 2.2 ± 0.01 contacts (Figure 4B). Notably, during the first half of the simulation, the H233L and H398P systems established nearly twice the number of solvation contacts with Ca^{2+} compared to the other systems. To complement this analysis, we quantified the density of water molecules around Ca^{2+} by measuring the radial distribution function (RDF, $g(r)$). The peaks indicate preferred distances where water molecules are more likely to be found, thus reflecting the hydration shell and interaction dynamics between the ion and the surrounding water. We found that the systems had two peaks around 2.55 and 3.15 Å RDF, larger for H233L and H398P than for R553P and the WT protein (Figure 4C).

Further, we found that the MSD of Ca^{2+} throughout the simulation in the WT PLC ζ had a displacement of $1.7 \pm 0.1 \text{ Å}^2$. In contrast, the H233L, H398P, and R553P mutations exhibited MSDs of 2.5 ± 0.07 , 3.9 ± 0.2 , and 1.3 ± 0.03 , respectively (Figure 4D). Consistent with these values, the Ca^{2+} ion's diffusion coefficient for the mutations H233L and H398P showed a higher value than the one for the R553P mutation and the WT complex (Figure S1B). Specifically, the mean diffusion coefficients for H233L ($0.000319 \pm 0.0000940 \text{ Å}^2/\text{ns}$) and H398P ($0.000443 \pm 0.0000485 \text{ Å}^2/\text{ns}$) were nearly double those of the R553P ($0.000173 \pm 0.0000688 \text{ Å}^2/\text{ns}$) and WT ($0.000222 \pm 0.0000541 \text{ Å}^2/\text{ns}$) complexes, indicating greater ion mobility in these two mutants.

Additionally, we calculated the distance of E200, D202, and E249, which stabilizes the Ca^{2+} . The average distance of the E200 in the WT enzyme was $3.42 \pm 0.004 \text{ Å}$, whereas for the H233L, H398P, and the R553P mutants, it was $4.87 \pm 0.004 \text{ Å}$, $3.63 \pm 0.004 \text{ Å}$, and $2.92 \pm 0.005 \text{ Å}$, respectively (Figure 4E). We also measured the average distance of both

oxygens (OD1 and OD2) bonded to the gamma carbon of D202, which interacts with Ca^{2+} . For the D202-OD1, the WT average distance was $2.47 \pm 0.001 \text{ \AA}$, for the H233L enzyme was $2.62 \pm 0.003 \text{ \AA}$, for the H398P mutant was $2.46 \pm 0.0008 \text{ \AA}$, and for the R553P protein was $2.47 \pm 0.0008 \text{ \AA}$ (Figure 4F). For the D202-OD2, the average distance of the WT PLC ζ was $2.48 \pm 0.001 \text{ \AA}$, whereas for the H233L, H398P, and the R553P mutants, it was $2.62 \pm 0.003 \text{ \AA}$, $2.47 \pm 0.0008 \text{ \AA}$, and $2.48 \pm 0.0008 \text{ \AA}$, respectively (Figure 4G). For the E249, the distance was $4.43 \pm 0.006 \text{ \AA}$ for the WT, $4.48 \pm 0.01 \text{ \AA}$ for the H233L mutant, $5.12 \pm 0.008 \text{ \AA}$ for the H398P enzyme, and $3.05 \pm 0.005 \text{ \AA}$ for the R553P protein (Figure 4H). These results suggest that the H233L and H398P mutations modify PLC ζ Ca^{2+} ion binding, impairing PIP₂ binding and hydrolysis.

2.3. The H233L, H398P, and R553P Mutations Changes the PLC ζ Intramolecular Interactions

Hydrogen bonds are crucial non-bonded interactions that stabilize protein structures [24]. Thus, we calculated the number of hydrogen bonds to determine whether the PLC ζ mutations modify the number of hydrogen bonds present in each domain (EF-hands, XY, and C2 domains). The WT EF hands domain had an average of 24.1 ± 0.03 hydrogen bonds, whereas the H233L mutation had 26.6 ± 0.03 , the H398P had 26.7 ± 0.03 , and the R553P mutant had 23.3 ± 0.03 (Figure 5A). The WT XY domain exhibits an average of 61.4 ± 0.06 hydrogen bonds. In contrast, the H233L, H398P, and R553P mutants had 67.0 ± 0.05 , 66.5 ± 0.05 , and 59.6 ± 0.05 hydrogen bonds, respectively (Figure 5B). The WT C2 domain showed 19.9 ± 0.03 hydrogen bonds, whereas the H233L, H398P, and the R553P mutants exhibited 21.8 ± 0.03 , 22.1 ± 0.03 , and 18.3 ± 0.03 hydrogen bonds, respectively (Figure 5C).

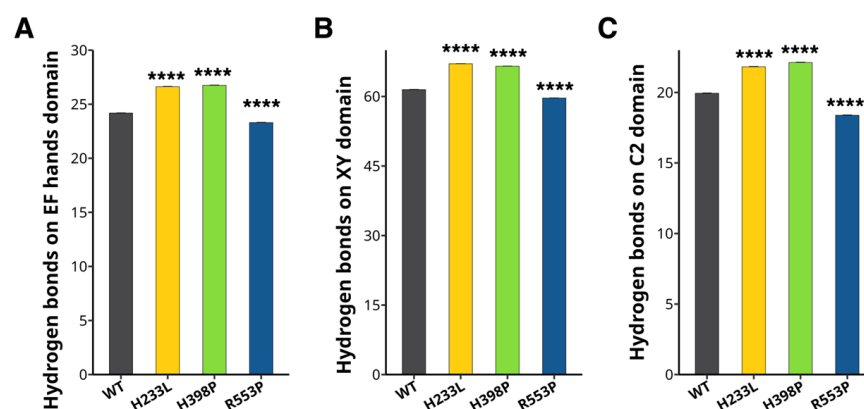


Figure 5. H233L and H398P changes intramolecular hydrogen bonds of PLC ζ . Hydrogen bonds are analyzed in the PLC ζ mutants H233L (yellow), H398P (green), R553P (blue), and WT (black). Amount of intramolecular hydrogen bonds in the (A) EF hands, (B) XY, and (C) C2 domains. **** $p < 0.0001$.

To explore whether the H233L, H398P, and R553P mutations influence the overall protein structure, we measured the radius of gyration (Rg) of each PLC ζ . The Rg measures the compactness and overall shape of the enzyme. We found no significant difference between the WT and the mutant PLC ζ in the Rg of the EF-hands domain and C2 domain (Figure 6A,C). On the contrary, the XY domain of the H398P exhibited a bigger Rg during the last 300 ns of simulation (Figure 6B). The Rg of PIP₂ of the WT complex was similar to the H233L and R553P mutants but slightly bigger for the H398P mutant during the last 100 ns of simulation (Figure S2A). Then, we calculated each domain's Root Mean Square Deviations (RMSD) for the four different conditions. RMSD quantifies the enzyme's overall conformational changes and structural stability during the simulation. There was no significant difference between the RMSD of WT compared to the H233L and R553P mutants (Figure 6D,F). In contrast, the XY domain of the H398P mutant showed a bigger RMSD with a mean value of $5.12 \pm 1.52 \text{ \AA}$, indicating greater structural deviation and

instability. This is particularly evident when compared to the WT protein ($4.77 \pm 0.517 \text{ \AA}$), which maintained more consistent structural integrity (Figure 6E). Our data showed that the H233L, H398P, and R553P mutations do not change the overall structure of PLC ζ but change the intramolecular interactions mediated by hydrogen bonds.

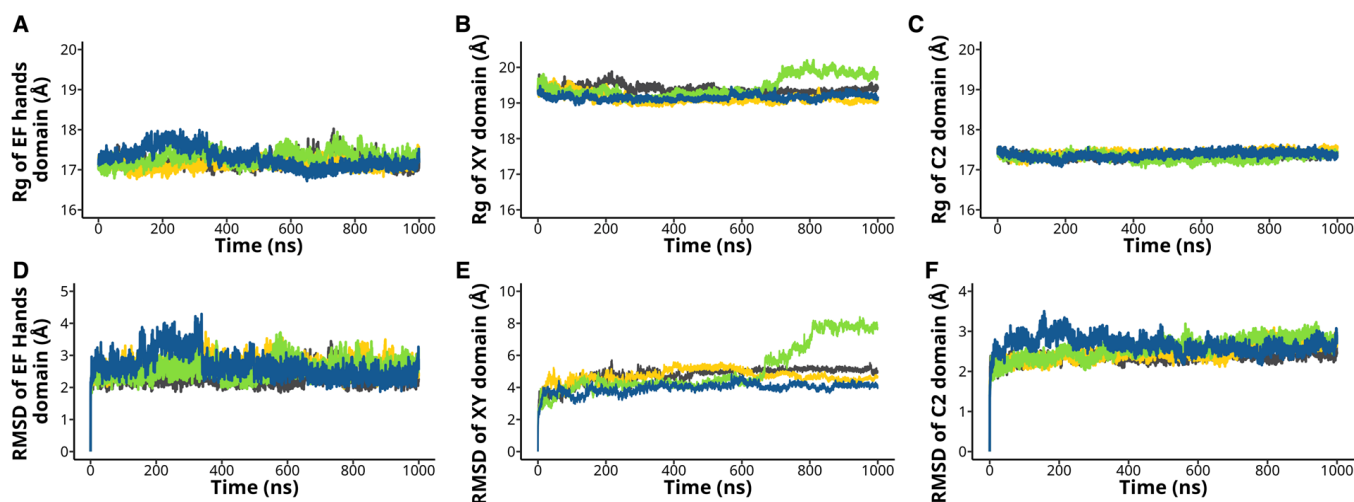


Figure 6. H233L, H398P, and R553P mutations did not affect the overall PLC ζ structure. The radius of gyration (Rg) of (A) EF hands, (B) XY, and (C) C2 domains was analyzed for the PLC ζ mutants H233L (yellow), H398P (green), and R553P (blue) and WT (black). Root mean square deviation (RMSD) of (D) EF hands, (E) XY, and (F) C2 domains was also determined for the mutants and WT proteins.

3. Discussion

Infertility is a complex condition affecting millions worldwide, with a significant proportion attributed to male factors [25]. Among the genes implicated in male infertility, PLC ζ has emerged as a critical player due to its pivotal role in initiating egg activation through Ca^{2+} oscillations during fertilization. However, the molecular mechanism underlying the effects of specific mutations on PLC ζ function remains poorly understood. Point mutations in the PLC ζ gene can induce structural alterations in the protein, impacting male fertility. Despite their significance, the structural and functional consequences of such mutations have been poorly characterized. In this work, we employed MD simulations to examine the impact of three PLC ζ infertility-causing mutations, H233L, H398P, and R553P, on its structure and interactions with its natural ligands PIP $_2$ and Ca^{2+} . By employing molecular dynamics simulations in an aqueous environment, we aimed to isolate and analyze the intrinsic structural effects of these mutations to further explain infertility in the patients carrying these changes. Our results shed light on the structural alterations induced by these mutations and provide insights into their impact on PLC ζ function.

Once the sperm fuses with the egg oolemma, and PLC ζ enters the ooplasm, the enzyme hydrolyzes its substrate PIP $_2$ located in cellular membranes [4,6,7]. The active site structure and main residues are conserved in the PLC family and among mammals, including PLC ζ [26]. The structure of PLC $\delta 1$'s active site, solved by Essen et al., [15] displays 64% identity with the active site of hPLC $\zeta 1$, indicating a similar PIP $_2$ binding mode and hydrolysis [4]. PLC ζ binds and stabilizes PIP $_2$ before hydrolysis by interacting with the 4- and 5-phosphates of the inositol group through the amino acids K299, K327, S378, R405, and Y407 and by interacting with the 2-OH and 3-OH groups with the residues D202, E249, and R405. Based on the evidence of increased MSD of PIP $_2$ and altered protein-ligand contacts, including fewer hydrogen bonds and salt bridges between the enzyme and PIP $_2$ for the H233L and H398P PLC ζ mutants compared to the WT PLC ζ , our model predicts impaired PIP $_2$ binding and a destabilization of the PLC ζ -PIP $_2$ complex.

These structural changes likely interfere with the proper positioning of PIP₂ for hydrolysis, thereby impairing the generation of IP₃ production, Ca²⁺ oscillations, and egg activation.

PLC ζ is ~100-fold more sensitive to Ca²⁺ than PLC δ 1 and is the most Ca²⁺-sensitive PLC enzyme [27]. Ca²⁺ plays an important role in the PLC ζ -PIP₂ binding since it lowers this interaction's pK_a [28,29]. Ca²⁺ is stabilized by the amino acids E200, D202, and E249, and PIP₂ hydrolysis is produced by a nucleophilic attack of H215 on the 1-phosphate, producing DAG and IP₃. In the H233L and H398P mutants, we observed a shift in the positions of PIP₂ and Ca²⁺ in the PLC ζ 's catalytic site, which is supported by the changes in MSD, the number of amino acids contacting PIP₂ and Ca²⁺, and the RDF of the water molecules around Ca²⁺. Surprisingly, the free binding energy of the three mutants is lower than that of the WT, suggesting that the mutant PLC ζ s bind PIP₂ with more affinity. However, the higher affinity appears to favor incorrect binding, diminishing PIP₂ hydrolysis and, ultimately, preventing Ca²⁺ oscillations. This agrees with the fact that the PLC ζ H233L, H398P, and R553P mutations reduce or suppress egg activation in humans [2,20,22]. Remarkably, H233L and H398P are not located within the enzyme's active site but adjacent to it. However, these mutations appear to induce allosteric perturbations that disrupt PIP₂ and Ca²⁺ binding. Specifically, 1-OP4 is displaced from N171, while 4-OP4 is repositioned away from K297, S378, and R405. Additionally, Ca²⁺ is displaced from its stabilizing residues E200 and D202, further compromising enzymatic function. This mutation-induced allosteric changes that are extended through the protein, impacting critical binding sites, have also been observed in other enzymes and proteins [30,31].

Interestingly, the R553P mutation did not significantly affect PIP₂ or Ca²⁺ binding. These results agree that C2 domain deletion does not affect PLC ζ enzymatic activity or Ca²⁺ sensitivity [32,33]. This mutation changes the residue cross-correlation patterns, suggesting a disruption of intramolecular interactions within PLC ζ . However, the overall protein structure remained largely unaffected by the mutation, as indicated by similar Rg and RMSD values compared to the WT. The C2 domain is proposed to mediate the interaction with phospholipids present in the membrane, facilitating PLC ζ 's adequate positioning and possible access to substrates [32,33]. Noteworthy, a homozygous I498F mutation in the C2 domain of hPLC ζ impaired its distribution in eggs after mRNA injection and in the sperm before fertilization [19]. Thus, it is possible that the observed intramolecular changes could affect the C2 domain amino acids disposition and, subsequently, its binding to membranes. However, the exact mechanism by which PLC ζ interacts with membranes remains unclear, highlighting the need for further research to elucidate this process.

Mice deficient in Plc ζ 1 (*Plc ζ ^{-/-}*) show impaired Ca²⁺ oscillations, polyspermy, and subfertility, suggesting a compensatory or “backup” mechanism to support successful fertilization in the absence of Plc ζ 1 [10,11]. The egg expresses various isoforms of PLCs, including PLC β s, PLC γ s, and PLC δ s. While these isoforms have been reported to modulate Ca²⁺ oscillations following fertilization, none can substitute for the essential role of Plc ζ in initiating fertilization. For example, overexpression of PLC β 1 in mouse eggs modifies the duration of the sperm-induced Ca²⁺ oscillations' first transient and decreases the frequency of the oscillations [34].

Male infertility rates are rising worldwide [35], impacting the mental health of millions of men by reducing self-esteem and inducing a sense of loss [36]. Mutations in *PLCZ1* are increasingly recognized as a significant genetic cause of male infertility, particularly in individuals presenting with fertilization failure following assisted reproductive techniques such as intracytoplasmic sperm injection (ICSI). Recent studies have reported a prevalence of *PLCZ1* variants as high as 33.6% in men experiencing ICSI failure, underscoring the clinical relevance of this gene in reproductive diagnostics [23]. In clinical practice, *PLCZ1* mutations are typically identified using high-throughput genetic screening methods [13,37,38]. Whole-

exome sequencing (WES) is a widely used tool, offering a comprehensive analysis of all coding regions and enabling the identification of known and novel variants. WES is particularly valuable in cases of idiopathic infertility, where there is no prior suspicion of specific genetic defects. Genetic analysis not only supports diagnosis but also guides clinical decision-making in the context of assisted reproductive technologies (ART), including the potential use of oocyte activation protocols or microinjection of wild-type *PLCZ1* mRNA. The microinjection of PLC ζ into oocytes can induce Ca²⁺ oscillations needed to start egg activation and early embryo development, which has been demonstrated even in eggs previously injected with PLC ζ carrying mutations [39].

4. Materials and Methods

4.1. Full-Atom Molecular Dynamics Simulations and Docking

We used the freely available human PLC ζ model predicted by AlphaFold (Alpha-Fold Entry: Q86YW0) [40]. For this, we used as a reference the crystallographic structure of PLC δ bonded to myo-inositol (PDB ID: 1DJZ) [15] since the active site amino acids are conserved between both enzymes and share a 51% identity. We use the structure of PLC ζ in solution rather than at the lipid (membrane)-water interface to decrease the computational cost. Additionally, it has not been reported that PLC ζ interacts with membranes. The Ca²⁺ ion was positioned between the residues N171, E200, D202, E249, and the PIP₂ ligand. Then, we used the CHARMM-GUI website to mutate PLC ζ and build the systems [41,42]. The histidine 233 was exchanged for leucine (H233L), histidine 398 was converted into a proline (H398P), and the arginine 553 was replaced with a proline (R553P). All systems, wild-type (WT), and the mutants H233L, H398P, and R553P were solvated using the TIP3P water model. The solvated systems were ionized and neutralized with NaCl at a concentration of 150 mM. The water box size was 120 × 119 × 199 Å. Ionized systems were minimized, equilibrated, and run for 1 μ s of simulation. MD simulations were performed with AMBER (San Francisco, CA, USA) using the ff19SB force field for proteins and GAFF for PIP₂ ligand [43–45]. The pressure was fixed at 1 atm, and the temperature was kept constant at 310.15 K through the Langevin thermostat with the isobaric-isothermal (NPT) ensemble. Each condition was simulated in three replicates and ran under periodic boundary conditions. After completing the simulations, the subsequent objective was to ascertain the molecular factors associated with the inactivity of PLC ζ enzyme mutants. To achieve this, various geometric and energetic stability parameters were computed.

4.2. PIP₂ Mean Square Displacement and Diffusion Coefficient

The Mean Square Displacement (MSD) is a measure of the average squared distance that the molecules travel over time within the binding site. It quantifies the molecule's movement and diffusion, providing insights into its dynamic behavior and interactions with the enzyme during the trajectory. On the other hand, the Diffusion Coefficient (D) of a molecule in the binding site of an enzyme, derived from the MSD, quantifies the rate at which the molecule diffuses within the binding site. It is calculated from the slope of the MSD versus time. MSD and D were computed from the Diffusion Coefficient Tool [46] of VMD v.1.9.3 software (Urbana-Champaign, IL, USA) [47]. This analysis was performed on a PIP₂ ligand placed into the binding site of the PLC ζ enzyme. Each calculation involves the quantification of the three axes (x, y, z). The τ value was assigned as the default parameter considering the whole trajectory.

4.3. Binding Free Energy

The protein-ligand affinity energy was computed throughout the entire trajectory at regular intervals of every 10 ns, utilizing the end-point Molecular Mechanics-Generalized

Born Surface Area (MM-GBSA) method of AMBER22 (San Francisco, CA, USA) [48]. This approach accurately estimates the binding free energy between protein and ligand in a molecular system by combining molecular mechanics calculations to represent the protein-ligand complex with a continuum solvent model, the Generalized Born model, to account for solvation effects. By considering both the energetic contributions from the molecular mechanics force field and the solvent interactions, MM-GBSA aims to provide insights into the thermodynamics of binding.

4.4. Protein-Ligand Contacts

Contact types and frequencies were calculated using the GetContacts application (<https://getcontacts.github.io/> (accessed on 13 March 2025)). We computed the intermolecular ligand-side chain hydrogen bonds using a donor-acceptor distance < 3.5 Å and an angle of 180° – 70° . Likewise, we calculated the ligand-protein salt bridge using a distance cutoff of < 4.0 Å. The van der Waals (vdw) was assessed by employing this equation:

$$|AB| < Rvdw(A) + Rvdw(B) + 0.5$$

where A and B are any non-hydrogen atoms.

4.5. Root Mean Square Fluctuations

The Root Mean Square Fluctuations (RMSF) is a measure of the average deviation of each residue from its average position over time. It quantifies the flexibility and mobility of different parts of the enzyme, indicating which regions are more dynamic and which are more rigid. The enzyme's RMSF profile was calculated using an in-house Tcl script and run in VMD v.1.9.3 software (Urbana-Champaign, IL, USA).

4.6. Ca^{2+} Ion Mean Square Displacement and Diffusion Coefficient

To comprehend the mechanisms involving the Ca^{2+} cofactor and potential chelating effects exhibited by certain mutants, we quantified the ion's MSD and D throughout the simulation, mirroring the methodology employed for the PIP₂ ligand.

4.7. Radial Distribution Function

The Radial Distribution Function (RDF) of water molecules surrounding an ion throughout a simulation measures how the density of water molecules varies as a function of distance from the ion. It provides insights into the spatial organization and structure of the water molecules around the ion. RDF was calculated by averaging the distribution of water molecules at various distances from the ion using the plugin "Radial Pair Distribution Function g(r)" of VMD v.1.9.3 software (Urbana-Champaign, IL, USA).

4.8. Root Mean Square Deviation

The Root Mean Square Deviation (RMSD) of an enzyme through an MD trajectory measures the average deviation of the enzyme's residue positions from a reference structure over time. It quantifies the enzyme's overall conformational changes and structural stability during the simulation. RMSD was calculated along the trajectory using the "RMSD trajectory" tool within VMD v.1.9.3 (Urbana-Champaign, IL, USA). Each domain's backbone of the PLC ζ protein was individually delineated as follows: EF-hands (residues 35 to 145), XY (residues 155 to 465), and C2 (residues 466 to 589).

4.9. Intramolecular Hydrogen bonds per Domain

The number of intra-domain hydrogen bonds was determined using the VMD's "Hydrogen bonds" tool. The tool employs default donor-acceptor distance and angle

parameters of 3.0 Å and 20°, respectively. The hydrogen bond numbers were quantified in each domain independently.

4.10. Ion Coordination

To evaluate the protein residues and numbers of water molecules coordinating the Ca^{2+} ion, we built an in-house Tcl script that quantifies the protein residues and water molecules within a coordination sphere of 3.5 Å of radius along the simulation time.

4.11. Radius of Gyration

The radius of gyration (Rg) measures the enzyme's compactness and overall shape, providing comprehension of the enzyme's folding, unfolding, and conformational stability during the simulation. The Rg was evaluated with an in-house Tcl script, separately assessing the three PLC ζ domains (EF-hands, XY, and C2).

4.12. Statistics

Statistical analysis was performed using GraphPad Prism v.10.4.0 (Boston, MA, USA). The Kolmogorov–Smirnov test was used to determine the data distribution. ANOVA and the Kruskal–Wallis test were used to compare parametric and non-parametric data, respectively. The data were plotted using RStudio software v.2024.09.0+375.

5. Conclusions

Our molecular dynamics simulations provide valuable insights into the structural consequences of PLC ζ mutations associated with male infertility. Our findings suggest that mutations such as H233L and H398P disrupt PIP_2 and Ca^{2+} binding and identify residues within the PLC ζ structure that stabilize their binding. Understanding the molecular basis of these mutations can aid in developing targeted therapeutic strategies to overcome male infertility. Importantly, these function-abrogating mutations could be the basis for developing non-hormonal contraceptive methods.

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Abbreviations

The following abbreviations are used in this manuscript:

ART	Assisted reproductive technology
DAG	Diacylglycerol
GAFF	The General Amber force field
IP ₃	Inositol 1,4,5-triphosphate
IP ₃ R	Inositol 1,4,5-triphosphate receptor
MD	Molecular dynamics simulations
MM-GBSA	Molecular Mechanics-Generalized Born Surface Area
MSD	Mean square deviation
NPT	Isobaric-isothermal ensemble
PDB	Protein Data Bank
PIP ₂	Phosphatidylinositol 4,5-bisphosphate
PLC ζ	Phospholipase C ζ
PLC δ	Phospholipase C δ
PM	Plasma membrane
RDF	Radial distribution function
R _g	Radius of gyration
RMSD	Root mean square deviation
RMSF	Root mean square fluctuations
vdw	Van der Waals
VMD	Visual molecular dynamics
WT	Wild-type

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